

# CYBSA NEWS

CENTENNIAL YOUTH BASEBALL-SOFTBALL ASSOCIATION

## ON-LINE REGISTRATION

Registration is going on now! Regular registration ends on March 15th. Late registration begins on March 16th and concludes on April 18th, Registration fee increases during the "Late Registration" period. Teams are filling up quickly, register now and reserve your spot on a team. Roster spots are first come first served. To register visit the CYBSA website at [www.centennialbaseball.com](http://www.centennialbaseball.com) and click on the online registration button. Registration is fast and easy, pay by using a credit card or by e-check.



Tell others about CYBSA and invite them to join for a summer of baseball, softball and fun.

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### Special points of interest:

- \* Invite your friends.
- \* Appreciate what you have.
- \* Girls Softball Clinic hosted by CU
- \* Be supportive of your daughter.

## "PERSPECTIVE"

One day, the father of a very wealthy family took his son on a trip to the country with the express purpose of showing him how poor people live. They spent a couple of days and nights on the farm of what would be considered a very poor family. On their return from their trip, the father asked his son, "How was the trip?"

"It was great, Dad."  
"Did you see how poor people live?" the father asked.  
"Oh yeah," said the son.  
"So, tell me, what did you learn from the trip?" asked the father.

The son answered:  
"I saw that we have one dog and they had four.  
We have a pool that reaches to the middle of our garden and they have a creek that has no end.  
We have imported lanterns in our garden and they have the stars at night.  
Our patio reaches to the front yard and they have the whole horizon.  
We have a small piece of land to live on and they have fields that go beyond our sight.  
We have servants who serve us, but they serve others.  
We buy our food, but they grow theirs.

We have walls around our property to protect us, they have friends to protect them."  
The boy's father was speechless. Then his son added, "Thanks Dad for showing me how poor we are."

Isn't perspective a wonderful thing? Makes you wonder what would happen if we all gave thanks for everything we have, instead of worrying about what we don't have.

Appreciate every single thing you have

**CENTENNIAL YOUTH  
BASEBALL-SOFTBALL  
ASSOCIATION**

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**CYBSA**

“Never limit yourself, never  
be satisfied, and smile—it’s  
free”

Jennie Finch Team USA

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We're on the web  
[www.centennialbaseball.com](http://www.centennialbaseball.com)

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## GIRLS SOFTBALL CLINIC

Dear Softball Teams, players, umpires, etc.

I just wanted to let you all know well in advance that the University of Colorado is planning on hosting a Spring Softball Clinic on the Sunday April 13th. Please put it on your calendar and start spreading the word to your teams so that we can have as many girls there as possible.

Sunday, April 13th from 10am to 3:30pm (registration at 9:30am, play starts at 10am) we will be running a clinic for softball playing girls ages 8-16. Clinic will include hitting, fielding, throwing, pitching/ catching, baserunning, bunting and slapping. Clinic costs \$60 for the full day, that includes lunch and a t-shirt. Half-day registration, either morning or afternoon, is okay too and costs \$40. Clinic will be held at the Village Greens Softball Fields -- opposite Cherry Creek High School at the corner of the Dam road and E. Union Avenue in Greenwood Village.

Parents can contact me: Keeley Stokes at [wynne@colorado.edu](mailto:wynne@colorado.edu) or tel. 720 470 3351. Pre-registration deposits can be mailed to 4520 Squires Circle, Boulder CO 80305. Pre-registration holds a spot for the girl and reduces the overall price by \$5 (so \$55 for the day). Please make all checks out to the University of Colorado Softball Team.

Thanks again for advertising this, we look forward to hearing from your players!

best wishes,  
Keeley Stokes  
Co-President  
University of Colorado Softball  
tel. 720 470 3351

## A FEW SOFTBALL PARENT GUIDELINES

We all want our children to succeed and be the best at whatever they set out to accomplish. Here are a few ideas that might be helpful.

Softball should be fun for kids. We must treat it for what it is, a sport. The primary goal should be to have fun and enjoy the healthy competition.

Your own agenda is not your child's. Kids compete in softball for many reasons. She may enjoy the competition, the social aspect, being part of a team, or she enjoys the challenge of setting and achieving goals. You might have a different agenda than your daughter and you need to recognize that softball is your daughter's sport, not yours.

Emphasize a mental focus on the process of execution rather than results or trophies. Our society places such a high emphasis on winning, but winning comes from working hard at the process and enjoying the ride. Teach your daughter to focus on the process of the challenge of one hit, pitch or catch at a time instead of the number of wins or trophies collected.

You are a role model for your daughter. That being said, you should be a model of composure and poise in the stands. You become a role model in how you react to a bad call or questionable behavior from the other team. Stay calm, composed and in control during games so your daughter can mimic those behaviors.

Refrain from coaching from the side lines. During the game, it is her time to play. As a coach, I don't want to hear a voice from the stands "coaching." This voice confuses the girls as to whom they should listen to, and to be blunt, it's usually inaccurate and doesn't help. Too much coaching or over-coaching can lead to mistakes and cautious performance. Save the coaching for practice and use encouragement for game time.

Help your daughter to detach self esteem from achievement. A lot of girls attach self worth to the level of performance or outcomes. Success or number of wins should not determine a person's self esteem.